

15v1

# Safety/Consent

Scene Safety (Skis up hill)  
 Personal Safety (BSI Precautions)  
 Legal Safety/Consent  
 "Hi I'm \_\_\_ from the ski patrol, what happened? Can I help you?"

# Patient Assessment

ABC's + Control **bleeding** (must go to skin)  
 Assess distal **CSM**  
 Self-splint/stabilize injury

# AA&OX?

**Awake, Alert & Oriented:**  
**Person** -- "What's your name?"  
**Place** -- "What ski resort are you at?"  
**Time** -- "What is the time of day?"  
**Event** -- "What happened?"  
  
**AVPU + GCS**

# Always O's

- 1) Did you hit your head or back?
- 2) Any pain in the neck or back?
- 3) Did you lose consciousness?
- 4) H-E-A-D.?
- 5) Anything else wrong?

# Primary

**Primary Survey**  
 Carotid & radial pulse (strength/quality)  
 Respirations (presence/quality)  
 Skin signs (cap refill)  
 Head Shape  
 C-spine check  
 Anterior Neck/Trachea Midline  
 Chest expansions  
 Abdominal Quadrants  
 Pelvis (check gently)  
 Femurs  
Count & record vitals.

<b>Feedback Evaluator:</b>	<b>Score</b>
Scenario #:                      Station:                      Date:	
<b>Lead:</b>	+ = -
<b>Assistant:</b>	+ = -
<b>Start:</b> <b>Radio:</b> <b>Help:</b> <b>End:</b>	<b>Total:</b>
<b>Vitals1:</b> <b>Vitals2:</b> <b>Vitals3:</b> <b>Vitals4:</b>	<b>Vitals5:</b>
<u>Done well:</u>	
<u>One thing to work on:</u>	

**Radio Call**  
Call #1 To Bump: (Equipment)  
 "I have a code yellow/blue"  
 "I need ....."  
 "I am at ..."  
Call #2 To Dispatch: (Transport)  
 "I have ..." **A.G.I.L.E. + GCS Score**  
 "I need an emergency ambulance/care flight"

## S.A.M.P.L.E./OPQRST

**Focused Trauma Survey**  
 Point with one finger to where it hurts?  
 Did you hear any pops?  
 Does anything else hurt?  
 Control **bleeding**?  
 Assess distal **CSM**?  
Count & record vitals.

**Secondary Survey**  
 Face, eyes (PEARL), ears/nose/mouth/throat  
 C-spine check  
 Anterior Neck/Trachea Midline  
 Chest expansions  
 Abdominal Quadrants (1,2,3,4)  
 Pelvis (check gently)  
 Femurs  
 Knees/shins/ankles/feet (push/pull same?)  
 Clavicles/shoulders/humerus/elbow/forearm, wrist/hands/fingers (grab & squeeze same?)  
Count & record vitals

**Treatment**  
**H-E-A-D.:**  
**H** - Heart Disease?  
**E** - Epilepsy?  
**A** - Asthma?  
**D** - Diabetes?

**EI Dorado County EMS**  
**Code Yellow Criteria**

- GCS < 14
- Systolic Blood Pressure < 90
- Respiratory Rate < 10 or > 30
- Penetrating Trauma to the kill zone
- Flail Chest
- Spinal Cord Injury with Paralysis
- Amputation proximal to wrist or ankle
- Pelvic Fracture
- Open or depressed skull fracture
- Falls: Adults > 20ft, Child > 10ft or 2-3X Ht

Co-morbid Factors to Consider

- Older Adults (55+)
- Children Less than 14
- Bleeding disorders and blood thinners (head)
- Burns
- Pregnancy > 20 weeks
- Ski Patroller's Judgment

**Ambulance Info:**

A Age  
G Gender  
I Chief Complaint, MOI  
L Any LOC? A&Ox? Vitals?  
     GCS? Neuro deficits? Treatment given  
E ETA to First Aid or LZ

**OPQRST:**

O Onset (when did the pain start?)  
P Provokes (Anything make better or worse?)  
R Radiates (Does the pain move?)  
S Strength (What is pain on scale 1-10?)  
T Time (How long has this been going on?)

**Glasgow Coma Scale: GCS**  
Eye Opening: "4 Eyes"  
 4) Spontaneously 3) to command 2) to pain **1) no**

Verbal Response: "5 Alive"  
 5) Oriented, converses normally 4) Confused, disoriented 3) Utters Inappropriate words 2) Incomprehensible sounds **1) Makes no sounds**

Motor Response: "6 for kicks"  
 6) Obeys commands 5) Localizes pain 4) Withdraws from pain 3) Internal Flexion, mummy (Decorticate) 2) Extension to pain (Decerebrate) **1) Makes no movements**

# Patient 1

Chief complaint:

# Patient 2

Chief complaint:

- Scene Safety/BSI:
- ABC's + Bleeding + CSM?:
- LOR:
- Always Questions:
- RAPID Trauma Survey:
- Focused Trauma Survey:
- S.A.M.P.L.E.
- OPQRST

**Decision Making** + = -

Problem Assessment  
 Patient Assessment  
 Appropriate Prioritizing  
 Ensures Overall Safety

**Problem Management** + = -

Plan of Action  
 Anticipation  
 Resource Management—People and Equipment  
 OEC Skill Performance  
 Transportation (Head uphill or downhill?)

**Leadership** + = -

Communication with Patient, Helpers, Bystanders  
 Attitude  
 Ability to Direct  
 Confidence  
 Team Interaction

**Overall** + = -

Effective bandaging/Splinting techniques: (CSM before/after no levers)

O2 application/airway management, C-collar Backboard :

**Timelines**

Start:

Chief complaint addressed:

Radio Calls Equipment: Ambulance:

Vitals 1: Vitals 2: Vitals 3:

Vitals 4: Vitals 5:

Help Arrives:

Extraction complete:

Secure on Backboard:

Vomit (airway management):

End:

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- ABC's + Bleeding + CSM?:
- LOR:
- Always Questions:
- RAPID Trauma Survey:
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- OPQRST

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